FREE TO BE ME™

Neurodivergent Empowered

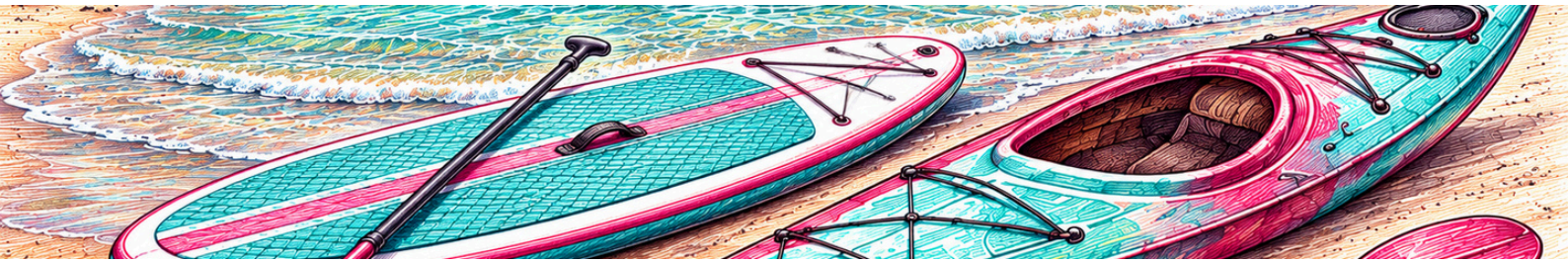
Autistic Wellbeing Specialists

We ndis Registered NDIS Provider

KINDRED SESSION TIMETABLE 2026

Monday *at The Nest*

Caloundra Rumba Resort



9:30 to 11:30 am
Places available

Beach Kindred
9 to 12 years & teens · School holidays from 14 Dec

Noon to 3 pm
Places available

Minecraft & Roblox Kindred
9 to 12 years & teens · School holidays from 14 Dec

3 to 5 pm
Places available

Roblox Video Game Creation Kindred
Teens & adults · Weekly since 23 Nov

3 to 5 pm
Places available

Roblox Gaming Design Kindred
9 to 12 years & teens · Weekly

5:30 to 7:30 pm
Places available

Virtual Dungeons & Dragons Kindred
Teens & adults · Weekly from 7 Dec · Online from home

Enquire about a session

free2bme.au/get-started

On the form, select **The Nest: Interests Based Autistic Wellbeing Supports**

Sessions go ahead when minimum numbers are reached.

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Tuesday *at The Nest*

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9:30 to 11:30 am
Places available

It's a Bug's Life Kindred
9 to 12 years & teens · School holidays from 15 Dec

Noon to 3 pm
Places available

Feathers & Fur Kindred
9 to 12 years · School holidays from 15 Dec

3 to 5 pm
Places available

Art Kindred
Teens & adults · Weekly since 24 Nov

5:30 to 7:30 pm
Check availability

Anime Kindred
Teens & adults · Weekly · Watch anime together

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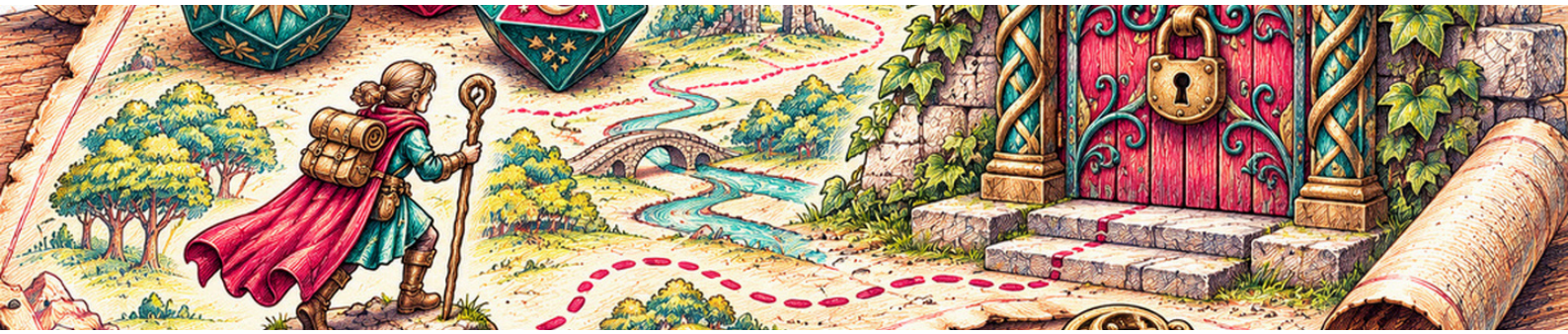
Wednesday *at The Nest*

Caloundra Rumba Resort



9:30 to 10:30 am
Places available

Auties Adult Nervous System Nourishment Kindred

Parents & carers · Weekly

11 am to 2 pm
Places available

11am Auties 9–12 Kindred

9 to 12 years · Weekly

2 to 5 pm
Places available

Auties Teen Kindred

Teens · Weekly

5:30 to 7:30 pm
Places available

Dungeons & Dragons Kindred

Teens & adults · Weekly from 16 Dec

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Thursday *at The Nest*

Caloundra Rumba Resort





9:30 to 11:30 am
Places available

Beach Kindred
9 to 12 years & teens · School holidays from 17 Dec

Noon to 3 pm
Places available

Multiplayer Gaming Kindred
Adults · Weekly from 17 Dec

3 to 5 pm
Check availability

Roblox Kindred
9 to 12, teens & adults · Weekly

3:30 to 5 pm
Places available

Thursday Dungeons & Dragons Kindred
Teens & adults · Weekly

5:30 to 7:30 pm
Check availability

Auties Adult Kindred
Younger adults · Weekly

5:30 to 7:30 pm
Check availability

Teens Gaming Kindred
Teens & adults · Weekly · Multiplayer video games

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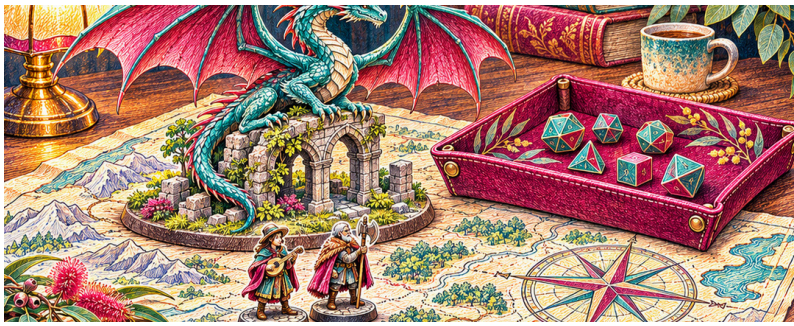
Friday *at The Nest*

Caloundra Rumba Resort





9 to 10 am — Places available
Nervous System Nourishment Kindred
Teens & adults · Weekly from 18 Dec · Mindful yoga & meditation

Noon to 3 pm — Places available
Anime & Digital Art Kindred
9 to 12 years & teens · School holidays from 18 Dec

Noon to 3 pm — Places available
Craft & Cooking Kindred
9 to 12 years & teens · School holidays from 18 Dec

3 to 5 pm — Places available
Dress Up & Create Kindred
9 to 12 years · School holidays from 18 Dec

3:30 to 5 pm — Full · waitlist open
Friday Afternoon Dungeons & Dragons Kindred
Teens · Weekly

5:30 to 7:30 pm — Places available
Anime Kindred
Teens & adults · Weekly since 6 Nov · Watch anime together

5:30 to 7:30 pm — Full · waitlist open
Friday Night Dungeons & Dragons Kindred
Teens & adults · Weekly since 18 Sep

5:30 to 7:30 pm — Places available
Friday Night Dungeons & Dragons 2 Kindred
Teens & adults · Weekly from 4 Dec

Enquire about a session

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Saturday *at The Nest*

Caloundra Rumba Resort





10 am to 2 pm
Places available

Auties 9–12 Years Kindred
9 to 12 years · Weekly

Noon to 2 pm
28 Nov · Both places booked
Join the waitlist

Pre-Teen Kindred
11 to 13 years · Weekly · Jewellery making, nail art and op shopping

2 to 5 pm
Places available

Anime Kindred
Teens & adults · Weekly since 14 Nov · Watch anime together

2:15 to 5:15 pm
Places available

Auties Teens Kindred
Teens · Weekly

Enquire about a session

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Sunday *at The Nest*

Caloundra Rumba Resort



No Kindred sessions scheduled.

You can join us at The Nest from Monday to Saturday.

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